

Spring and Summer MENU WEEK 1

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of cereals Toast with choice of spreads	Choice of cereals Toast with choice of spreads	Choice of cereals Toast with choice of spreads	Choice of cereals Toast with choice of spreads	Choice of cereals Toast with choice of spreads

Morning

Monday	Tuesday	Wednesday	Thursday	Friday
Rice crackers	Selection of fresh fruit Self-serve	Hummus with breadsticks	Selection of fresh fruit Self-serve	Rice cakes

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage and Mash With peas	Roast meat with vegetables and roast potatoes	Tuna Pasta bake	Chicken and vegetable Fried rice	Shepherds Pie with Seasonal Vegetables
Pudding Yoghurt	Pudding Stewed apple	Pudding Jelly	Pudding Fromage frais	Pudding Dried raisins

Afternoon

Monday	Tuesday	Wednesday	Thursday	Friday
Selection of fresh fruit Self-serve	Oat cakes with cheese/butter	Selection of fresh fruit Self-serve	Hummus with peppers	Selection of fresh fruit Self-serve

Tea

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza with selection of toppings	Sausage rolls and ketchup	Cheese on toast	Sandwiches with cucumber	Fish fingers with bread and butter
Pudding flap jack	Pudding sultanas	Pudding homemade biscuits	Pudding Tinned peaches	Pudding pineapple

Milk and Water offered with every meal and snack.

The children have their own labelled bottled water available throughout the

day

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of Cereals Toast with choice of spreads	Choice of Cereals Toast with choice of spreads	Choice of Cereals Toast with choice of spreads	Choice of Cereals Toast with choice of spreads	Choice of Cereals Toast with choice of spreads

Morning Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Selection of fresh fruit Self-serve	Crackerbread with butter	Selection of fresh fruit Self-serve	Hummus and peppers	Selection of fresh fruit Self-serve

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Beef/Vegetable burger with wedges and peas and sweetcorn	Spaghetti Bolognaise With Garlic bread	Roast meat roast potatoes with seasonal vegetables	Chicken With rice and vegetables	Fishcakes with new potatoes, French beans
Pudding orange	Pudding fromage frais	Pudding Tinned apricots	Pudding jelly	Pudding yoghurt

Afternoon Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese straws	Selection of fresh fruit Self-serve	Hummus with breadsticks	Selection of fresh fruit Self-serve	Pancakes with butter

Tea

Monday	Tuesday	Wednesday	Thursday	Friday
Toasted muffins with selection of toppings	Cream cheese wraps With peppers	Bean plait	Crumpets with various toppings	Baked beans on toast
Pudding Cup cakes	Pudding bananas	Pudding pineapples	Pudding Fromage-frais	Pudding Home-made biscuits

Milk and Water offered with every meal and snack.

The children have their own labelled bottled water available throughout the

day